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Adult Blepharitis Clinical Presentation

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PRESENTATION

History

Patients with blepharitis typically present with symptoms of eye irritation, itching, erythema of the lids, flaking of the lid margins, and/or changes in the eyelashes.

Common complaints include the following:

- Burning
- Watering
- Foreign body sensation
- Crusting and matting of the lashes and medial canthus
- Red lids
- Red eyes
- Photophobia
- Pain
- Decreased vision
- Visual fluctuations
- Heat, cold, alcohol, and spicy-food intolerance

The condition most typically has a chronic course with intermittent exacerbations and eruptions of symptomatic disease. Seborrheic dermatitis can be associated with symptoms of scalp itching, flaking, and oily skin. Rosacea can be associated with a red and swollen nose (rhinophyma), facial flushing, broken and distended vessels in the face, pustules, oily skin, food and environmental intolerances, and eye irritation.